



Pune District Education Association's

MAMASAHEB MOHOL COLLEGE,

48/1A, Erandwana, Paud Road-Pune-38

National Service Scheme

A-024



**REGULAR ACTIVITY REPORT
2024-25**



College Name :-PDEA's, Mamasahab Mohol College, Paud Road, Pune-38.

NSS Code - (A - 024)

Principal Name :- Dr. Sharmila Chaudhari

Program Officer Name :-

- 1) **Prof. Santosh More** - 9923562072
- 2) **Dr. Ashok Shelke** - 8805462924
- 3) **Prof. Seema Kamble** – 9834169317

Volunteers Number:- (Unit)- 250 (Two hundred fifty)

The National Service Scheme was started in 1969, the birth centenary year of the Father of the Nation Mahatma Gandhi, through various universities and their affiliated colleges. This scheme has gained importance as a model experiment of social service and as a nationwide campaign .

Gandhiji had given immense importance to the culture of work and social service in public life. The National Service Scheme came into existence as a meaningful medium to instill social awareness in the minds of college youth. Savitribai Phule Pune University, Pune National Service Scheme Based on the concept of “ **Sustainable Development and Youth** ”, 250 students were selected for the academic year 2024-25. The registration of male and female students was done as per the instructions of Savitribai Phule Pune University.

Regular Program Report - 2024-2025

Under the regular program of the National Service Scheme, the following various activities were implemented during the year 2024-2025 in the presence of the Principal, various chief guests, faculty , program officers, staff, and students.

1. International Yoga Day Celebration (21 June 2024)

International Yoga Day was celebrated at Mamasahab Mohol College, Paud Road, Pune, National Service Scheme , Physical Education Department and Youth Red Cross Unit of Pune District Education Board in collaboration with Art of Living. The chief guests on this occasion were Art of Living Yoga Instructor Smita Chavan, Parag Kulkarni, Deshmukh Madam Principal Dr. Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale, Prof. Sanjay Bhoite, Prof. Arun Shinde and Dr. Sunita Dakle.

In her introduction, Principal Dr. Sharmila Chaudhari said, "We live in a fast-paced and digital world. The pressure to succeed , meet deadlines , produce high-quality work, and irregular schedules has taken a toll on people's physical and mental health. In this context , creating balance, developing awareness, and following healthy habits has become the need of the hour. This can be achieved by incorporating yoga into our lives.

On this occasion, Yoga instructor Smita Chavan explained the importance of Yoga and demonstrated various asanas. Such as Vrikshasana , Tadasana , Naukasana , Bhujangasana , Trikonasana , Paschimottasana , etc. and Pranayama such as Anulom Vilom , Bhramari , Bhastrika , etc. were also taught. Yoga cures many diseases in the body. Even diseases like constipation and sugar in the body are cured. The peace of mind and good health that the mind needs can only be obtained through Yoga, Yoga is necessary for mental health. After this, a pledge was taken from everyone to do regular Yoga and Pranayama. The professors, non-teaching staff and students of the college participated in this. The event was organized under the guidance of Principal Dr. Sharmila Chaudhari by Dr. Yogesh Pawar, Dr.Srinivas Ippalpalli, Dr.Ashok Shelke, Dr.Shobha Titar, Prof. Priya Arde, Prof. Gauri Marne, Prof. Priyanka Jadhav, Office Head Vinod Ranpise.



2. Tree Plantation Activities (22 July 2024)

On behalf of the Pune District Education Association's, Mamasheh Mohol College, Paud Road, Pune National Service Scheme , Student Welfare Board, Youth Red Cross Unit , Green Club and in collaboration with Bhamburda Forest Range and Nehru Yuva Kendra Pune, a tree plantation program was organized on the occasion of the birthday of Pune District Education Board Chairman and Deputy Chief Minister of Maharashtra State, Hon. Ajitdada Pawar at ARAI

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premises, Hanuman Tekdi. On this occasion, 150 indigenous trees like Chinch, Jambhul, Karanj, Vad, Kanchan were planted.

Principal Dr. Sharmila Chaudhari , Vice Principal Dr. Meghna Bhosale, Dr.Mahadu Bagul, Dr.Yogesh Pawar, Prof.Santosh More, Prof.Vasant Gadekar, were present as the chief guests on this occasion.



3. Organ Donation Day Celebration (August 3, 2024)

Organ Donation Day was celebrated on behalf of the Pune District Education Association's, Mamasahab Mohol College, Paud Road, Pune National Service Scheme , Youth

Red Cross Unit. Principal Dr. Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale, Dr. Mahadu Bagul, Dr. Adinath Pathak were present as the chief guests on this occasion.

Principal Dr. Sharmila Chaudhary said, "Donate Blood while alive and donate organs after death: This should be the motto of our lives. The main objective of Organ Donation Day is to make people aware of this and to recognize the selfless contribution of organs made by deceased bodies to healthcare and humanity. At the same time, our faith in humanity should be re-established. Organ donation can save someone's life. It gives a new impetus to live to those whose organs have failed. World Organ Donation Day is celebrated every year to make people aware of the importance of organ donation and encourage them to volunteer for it. This day helps people understand the important role of organ donation in saving someone's life.



4. Blood donation camp completed (9 August 2024)

On behalf of the Pune District Education Association's Mamasahab Mohol College National Service Scheme and Youth Red Cross Unit and in collaboration with Akshay Blood Bank Pune, a bBlood Donation camp was organized in the college on the occasion of August Revolution Day and the Birthday of Deputy Chief Minister Ajitdada Pawar. Sixty students donated blood in this camp. The blood donation camp was organized under the guidance of Principal Dr. Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale, National Service Scheme Program Officer Dr. Srinivas Ipallpalli, Prof. Seema Kamble, Dr. Prakash Humbad, Prof. Priyanka

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Jadhav, Prof. Manisha Khandale, Prof. Kirti Karanjawane, Vinod Ranpise, student representatives Siddharth Salve, Kumar Rathod, Khushboo Goudse, Pranjali Balkavade.



5. Raksha Bandhan with differently abled children (9 September 2024)

Pune District Education Association's Mamasahab Mohol College, Paud Road, Pune National Service Scheme, Youth Red Cross Unit and Cultural Department, which help in the overall development of the students of the college. As a part of this, this year, a Raksha Bandhan program was organized for the children of the Pune Blind School run by The Poona School and Home The Blind Trust at Koregaon Park. A large number of students and professors of the college participated in this.





6. Pre-marriage counseling Workshop

A one-day seminar on "Pre-Marriage Counseling: Your Relationship and Mine" was organized for the students of the college in association with the Pune District Education Association's, Mamasahab Mohol College Women's Cell, National Service Scheme, Youth Red Cross Unit and Rotary Club Pune. The college's Principal Dr.Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale, Head of the Commerce Department Dr. Sunita Dakle, Rotary Club members Bhakti Siddha, Rashmi Patwardhan, Sushma Kulkarni, Manisha Didmish, Dr. Urmila Haldankar were present.

Rotary Club member Bhakti Siddha introduced all the guests. Sushma Kulkarni gave information about the important activities implemented through the Rotary Club from the perspective of social commitment. Manisha Didmish, First Lady Partner of the Rotary Club, explained the objective of the seminar "Nate Tujhe Ni Maje". Psychologist Rashmi Patwardhan interacted with the students by guiding them on important topics such as what is a relationship ? Reasons for relationship breakdown , adverse effects of relationship breakdown on mental health, different types of relationships , dangers of toxic relationships , sex in relationships , useful information for cultivating healthy relationships , and what happens to those who are not in relationships. Dr. Urmila Haldankar explained about divorces due to minor reasons , the role of parents in this regard , the future of inter-religious and inter-caste marriages , care to be taken while choosing a partner , the right age for marriage , and the need to check the modern marriage horoscope instead of looking at the birth horoscope of the planets to arrange marriage. Urmila Haldankar explained to the students about various incidents that have happened in the society in

her guidance. Students, professors and non-teaching staff of the college participated in this seminar.

The initiative was organized by the college principal Dr. Sharmila Chaudhari, under the guidance of the coordinator of the women's Cell Department Dr. Rupali Shendkar, Dr. Swati Shinde, Prof. Gauri Marne, National Service Scheme Program Officer Dr. Srinivas Ippalpalli, Dr. Ashok Shelke, Prof. Seema Kamble. Prof. Snehlata Hingmire expressed her vote of thanks.



7. Organizing an eco-friendly Ganesh idol making workshop (September 11-September 17, 2024)

A workshop on "Making Eco-Friendly Ganesh Idols" was organized at Mamasahab Mohol College of Pune District Education Board in collaboration with the Cultural and National Service Scheme Department. Principal Dr. Sharmila Chaudhari, Vice Principal Meghna Bhosale, Dr. Sunita Dakle, famous sculptor Ganesh Kapse were present on this occasion. Head of the Cultural Department Dr. Rupali Shendkar guided the students on how to celebrate Ganeshotsav in an environmentally friendly manner.

While guiding the students, Ganesh Kapse instilled in them the belief that innovation and creativity should be enjoyed and that working with clay with all your heart creates a great replica. The college students responded well to this workshop and created various Ganesh idols.

This workshop was coordinated by Principal Dr. Sharmila Chaudhari under the guidance of Cultural Head Dr. Rupali Shendkar, Prof. Laxman Ukirde, National Service Scheme Program Officer Dr. Ashok Shelke, Dr. Srinivas Ippalpalli, Prof. Sneha Hingmire, Green Club Head Prof.

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Seema Kamble, Prof. Mohini Kumbhar, Prof. Shital Gaikwad, Vinod Ranpise, Student professors and non-teaching staff of the college participated enthusiastically. Dr. Swati Shinde moderated the event.



8. Ganesh Idol and Nirmalya collection (September 11-September 17, 2024)

the Pune District Education Association's, Mamasahab Mohol College National Service Scheme , Youth Red Cross Unit and Green Club Student Welfare Board and Pune Municipal Corporation, the collection of Ganesh Idols and Nirmalya was started at the artificial immersion tank in the Mutha river basin under the S. M. Joshi bridge by Principal Dr. Sharmila Chaudhari. Various social activities are implemented on behalf of the college. The idol collection and Ganesh immersion activities in the tank implemented against the backdrop of environmental protection have been widely welcomed by the citizens. Citizens have expressed their feelings and appreciated this concept in the feedback booklet kept at the collection center. Therefore, the social mindset of breaking away from tradition and moving forward with new reformist thinking has been seen. Since Nirmalya is now being disposed of in a scientific manner, the amount of Nirmalya entering the river basin and polluting the related water sources will be reduced.

The initiative is being organized by Principal Dr. Sharmila Chaudhari, Pune Municipal Corporation Warje Karvenagar Regional Office, Warje Karvenagar Regional Office Deputy Commissioner Asha Raut, Assistant Commissioner Vijay Naikal, Senior Health Inspector Ganesh Kirid, Health Inspector Rajendra Vairat, Dr. Srinivas Ipallipalli , Dr. Ashok Shelke, Prof. Seema

National Service Scheme

Kamble, Dr. Prakash Humbad, Prof. Priyanka Jadha , Prof. Kirti Karanjav, Senior Clerk Vinod Ranpise.



9. Ganesh Visarjan First Aid and Aid Center (17 September 2024)

Pune District Education Association's, Mamasahab Mohol College National Service Scheme, Youth Red Cross Unit, Student worked as a volunteer at Lakshmi Road Pune during the Ganesh Visarjan period in collaboration with the Indian Red Cross Society Pune District Branch and Pune Police.



10. Five-day Civil Defense Training Workshop concluded

(24 September to September 28, 2024)

The government has a policy to provide five-day basic disaster management training to civil defence force members through the Pune District Education Association's, Mamasahab Mohol College, Paud Road, Pune National Service Scheme, Youth Red Cross Unit and the Deputy Controller Civil Defence Office, Pune, working under the Home Department, Government of Maharashtra. So that citizens can protect citizens at the primary level in man-made and natural disasters. As a part of this, the said training workshop was organized for college students. Sixty students from various colleges in Pune city participated in this.

In this, Deputy Controller Civil Defence Force Pune Arjun Kurhade gave a workshop on first aid in various types of disasters, precautions to be taken during 'Golden Hour'; as well as the need for coordination of citizens in such incidents, information about the Civil Defence Force and their work was provided along with demonstrations. Information was given on searching and rescuing people from natural and man-made disasters, mitigation, prevention and preparedness of disasters.

MNS member Yogesh Pardeshi gave detailed guidance on how to save oneself from various disasters. He provided information on how to save people caught in a disaster by taking precautions in case of man-made disasters including earthquakes, rescue from tall buildings, cyclones, floods, fires, accidents, and how to provide first aid with the help of materials available at the scene.

Sub-Divisional Area Guard Pramod More said that during the war, the lights are blacked out at night; if there are lights or there is light, if enemy planes enter the country, they do not take time to find their target. Therefore, no transactions can be done at night by lighting the lights. If such a war happens in summer, the citizens will have to suffer a lot due to lack of water and electricity and 'if such a war or a hundred wars continue for a long time, how bad the situation can get'. At the same time, he gave information about the communication system.

Civil Defence Force Headquarters Officer Krishna Patil provided information on how to perform first aid, the precautions to be taken while performing it, and how to help others during a disaster through household materials.

Praveen Randive of Erandawane Fire Department said that the fourth line of defense in any country is considered to be the "Fire Service". The other three are the three forces of the defense force. The importance of the fire service has been proven not only in times of war but also in times of peace and it is constantly increasing with the increasing area of urban settlements, industrial development and population. The duty of the fire service is not only to save life and property from fire and minimize its consequences, but also to rescue citizens and other animals

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trapped in blocked drains , wells , elevators or other machinery. In short , in times of difficulty or emergency, the fire service , the courage of the personnel and the special training in handling special materials are useful in helping people. Since the work of the fire service is generally to protect against fires , prevent fires and avoid loss of life and property by using the service effectively, it is necessary to have a stable , strong , effective and exemplary organization at all levels.

The training workshop was organized by under the guidance of Principal Dr. Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale and Deputy Controller Civil Defence Force Pune Arjun Kurhade Dr. Ashok Shelke , Dr. Srinivas Ipallalli , Prof. Seema Kamble , Dr. Prakash Humbad , Prof. Manisha Khandale , Prof. Priyanka Jadhav , Prof. Kirti Karanjawane , Vinod Ranpise , student representatives Suraj Shirale , Siddharth Salve , Shoaib Sheikh , Geeta Katare , Dnyaneshwari Sanas , Yash Rajput Sakshi Kadam , Komal Saidane.





11. Cleanliness is a service initiative at Belawade (Swachhta Hi Seva) (1 October 2024)

Pune District Education Association's Mamasahab Mohol College Paud Road National Service Scheme Department and Belawade Gram Panchayat Taluka Mulshi implemented the Swachhta Hi Seva 2024 under the Swachhta Fortnight Campaign as per the instructions of the Ministry of Youth and Sports, Government of India. In accordance with this, various activities were organized at Swachhta Hi Seva Campaign, M.P. Belawade Taluka Mulshi, District Pune through the Mamasahab College National Service Scheme Department.

In this, public awareness was created about public cleanliness and public places were cleaned. In this, various temple premises, gram panchayat premises, community temple premises, primary school premises, main road of the village etc. were cleaned. How to reduce the use of plastic and the importance of cleanliness were created through street plays and human chains among the citizens and an oath was taken about cleanliness. Also, under this initiative, a

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resolution was made through the gram panchayat that single-use plastic will not be used in the village from now on on the occasion of Gandhi Jayanti. On this occasion, Sarpanch of Belawade village Sujata Dhamale, Upasarpanch Amol Dhamale, Gramsevak S.S. Patole Surekha Dhamale, Harshada Shilimkar, Sarubai Jadhav, Barku Koli and other villagers were present.

The event was organized Under the Guidance by Principal Dr. Sharmila Chaudhari, Vice Principal Dr.Meghna Bhosale, Dr.Ashok Shelke, Dr.Srinivas Ipalpalli, Prof. Seema Kamble, Maruti Kumbhar, student representatives Suraj Shirale, Siddharth Salve, Shoaib Sheikh, Geeta Katare, Dnyaneshwari Sanas, Yash Rajput, Sakshi Kadam, Komal Saidane.

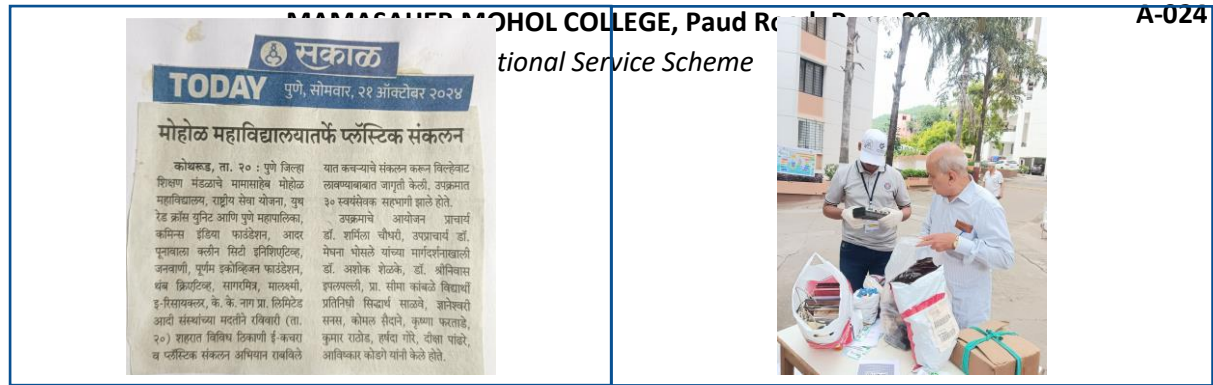




12. E-waste collection and plastic collection (20 October 2024)

On Sunday, October 20, 2024, Pune Municipal Corporation and Janavani Sanstha organized e-waste collection and plastic collection at various places in Pune city. In this, volunteers from the National Service Scheme Department worked as volunteers at e-waste collection and plastic collection centers at various places.





13. Diwali with My Bharat (30 October 2024)

Pune District Education Association's, Mamasahab Mohol College National Service Scheme, Youth Red Cross Unit, Pune Municipal Corporation and Nehru Yuva Sanghan, an autonomous organization under the Ministry of Youth Affairs and Sports, Government of India. Diwali with My Bharat initiative organized at Tathawade Udyan area, Rajaram Bridge, Nal Stop Activities included traffic management, market area cleanliness, and voting awareness activities.

This initiative was organized Under the Guidance by Principal Dr. Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale and Pune Municipal Corporation Deputy Commissioner Asha Raut, District Youth Officer Ashish Shete, National Service Scheme Program Officer Prof. Santosh More, Dr. Ashok Shelke, Prof. Seema Kamble, Prof. Manisha Khandale, Prof. Gokul Sahane, Prof. Kirti Karanjawane, Dr. Prakash Humbad, Prof. Sopan Gambhir, Prof. Priyanka Jadhav, Prof. Shweta Indulkar, Vinod Ranpise, Sanjay Kumbhar, Vijay Marne, Nitin Bhosale, Kumar Rathod, Rishi Koli, Diksha Pandhare.



14. Voting Awareness (16 November 2024)

A voting awareness campaign was conducted to increase the voting percentage for the 2024 Maharashtra State Assembly Elections in collaboration with Mamasahab Mohol College, Paud Road, National Service Scheme Department and Election Literacy Board, Pune Municipal Corporation.

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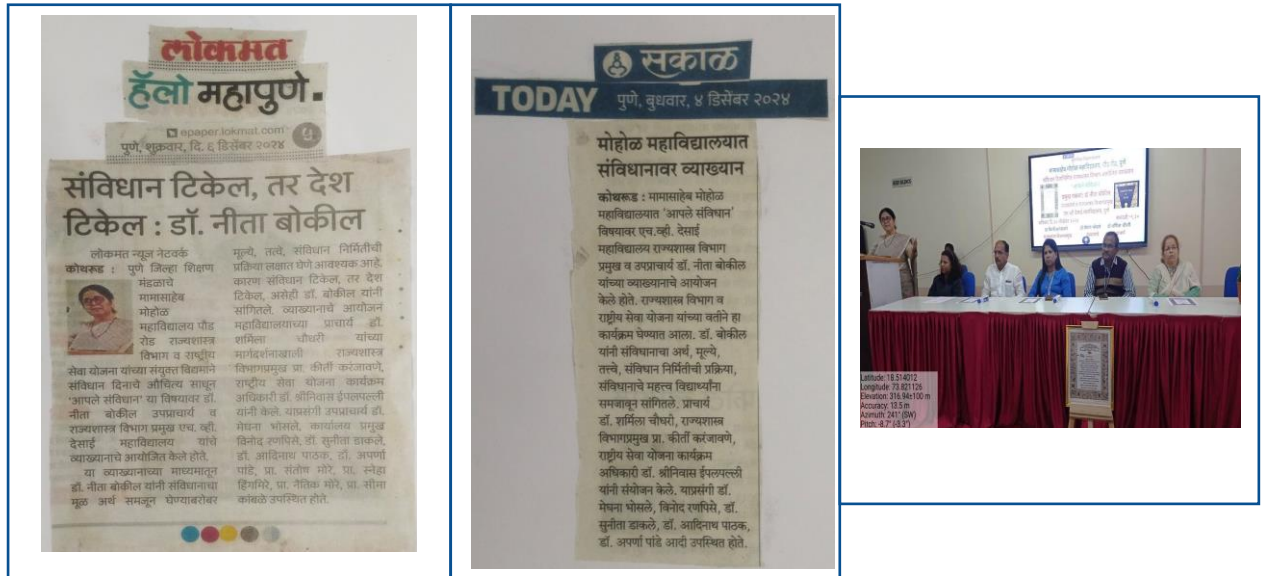
15. Volunteers at the polling station (November 20, 2024)

For the Maharashtra Assembly Elections 2024, Pune District Education Association's Mamasahab Mohol College, Paud Road, National Service Scheme Department and Election Literacy Club worked as a volunteer at 20 polling stations in Pune city to provide voting services to senior citizens and differently-abled voters .



16. Organizing a lecture on the Constitution. (November 26, 2024)

Pune District Education Association's Mamasahab Mohol College, Paud Road, NSS Unit and the Political Science Department jointly organized Guest Lecture On the occasion of Constitution Day, a lecture was organized by Dr. Neeta Bokil, Vice Principal and Head of the Political Science Department of H. V. Desai College, on the topic of 'Our Constitution'. Through this lecture, Dr. Neeta Bokil explained the meaning, values, principles, process of constitution making, and importance of the constitution to the students. This lecture was organized by the Head of the Political Science Department, Prof. Kirti Karanjawane, and the National Service Scheme Program Officer, Dr. Srinivas Ippalpalli under the guidance of the Principal of the college, Dr. Sharmila Chaudhari. On this occasion, Vice Principal Dr. Meghna Bhosale, Office Head Vinod Ranpise, Dr. Sunita Dakle, Dr. Adinath Pathak, Dr. Aparna Pandey, Prof. Santosh More, Prof. Sneha Hingmire, Prof. Naitik Mor, Prof. Seema Kamble were present.



17. International Human Rights Day Celebration (December 10, 2024)

International Human Rights Day was celebrated on 10th December 2024 jointly by Pune District Education Association's, Mamasahab Mohol College National Service Scheme, Youth Red Cross Unit and Department of Political Science. The chief guests on this occasion were Prof. Kirti Karanjawane, Principal Sharmila Chaudhari, Vice Principal Dr. Meghna Bhosale.

On this occasion, Prof. Kirti Karanjawane, in her guiding remarks, took a historical review of human affairs from the evolution of human rights to modern times. Human rights are natural rights that humans are born with. The United Nations has created various measures and implementation mechanisms for the implementation of human rights. Through which the rights of every person and the implementation of his rights are monitored. Preservation and promotion of

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human rights is the need of the hour , for which the rights of others should not be hindered along with the development of one's own rights. We are all equally entitled to our human rights without any discrimination or persecution. This day is celebrated for this.

On this occasion, Principal Dr. Sharmila Chaudhari said, "If we think about the protection of Indian human rights, it is noticeable that , at one level, the human rights protection system is increasing. However , the problems of human rights violations are becoming more serious. Due to increasing unemployment , poverty, privatization of education, etc., Indian human rights problems will become more serious in the future."

This program was organized by National Service Scheme Program Officer Dr. Ashok Shelke, Prof. Santosh More, Prof. Seema Kamble, Prof. Manisha Khandale, Prof. Gokul Sahane, Dr. Prakash Humbad, Prof. Priyanka Jadhav, Prof. Shweta Indulkar, Vinod Ranpise, under the guidance of Principal Dr. Sharmila Chaudhari and Vice Principal Dr. Meghna Bhosale. The program was moderated by students Kumar Rathod and Harshada Gore, while Dr. Srinivas Ippalpalli proposed the vote of thanks.



18. Gyansarita Granth Dindi (14 December 2024)

Pune District Education Association's, Mamasahab Mohol College National Service Scheme The unit actively participated in the Gyansarita Granth Dindi as part of the Pune Book Festival organized on 14th December 2024 at Fergusson College, Pune in association with the

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National Book Trust, Ministry of Education, Government of India, from New English School, Tilak Road, Pune to Fergusson College .



19. Celebration of the Death Anniversary of Sant Gadge Baba (20th December 2025)

Pune District Education Association's, Mamasahab Mohol College National Service Scheme, Youth Red Cross Unit, Pune Municipal Corporation, Janwani Pune, Cummins India Foundation and Swachh Sanstha jointly organized a cleanliness campaign and public awareness rally in Hanuman Nagar and Kelewadi areas on December 20, 2024 to celebrate the death anniversary of Sant Gadge Baba. On this occasion, students held leaflets with the message of cleanliness in their hands and also went door to door to create awareness about cleanliness. A cleanliness campaign was implemented on ARAI Road.

On this occasion, Principal Dr. Sharmila Chaudhari said that Sant Gadge Baba, with the help of wisdom, went to villages and towns and performed kirtans. He convinced people of the importance of education. He propagated and spread literacy. Gadge Maharaj was a social reformer who worked tirelessly to eradicate ignorance, superstition and uncleanliness among the poor and downtrodden. By serving the poor, weak, orphans and disabled, he made them aware of the ignorance, vices and defects in humans.

This initiative was organized under the guidance of Principal Dr. Sharmila Chaudhary , Vice Principal Dr. Meghna Bhosale and Pune Municipal Corporation Health Inspector Ganesh

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Chondre by National Service Scheme Program Officer Prof. Santosh More, Dr. Ashok Shelke, Prof. Seema Kamble, Prof. Manisha Khandale, Prof. Gokul Sahane, Prof. Kirti Karanjawane, Dr. Prakash Humbad, Prof. Sopan Gambhir, Prof. Priyanka Jadhav, Prof. Shweta Indulkar, Vinod Ranpise, Sanjay Kumbhar, Vijay Marne, Nitin Bhosale, Kumar Rathod, Rishi Koli, Diksha Pandhare.



20. One-Day workshop on Addiction and mental health (23 December 2025)

A workshop on addiction and mental health was organized in collaboration with the Pune District Education Association's, Mamasahab Mohol College National Service Scheme, Youth Red Cross Unit and Nehru Yuva Sanghathan autonomous organization under the Ministry of Youth Affairs and Sports, Government of India.

On this occasion, District Youth Officer Nehru Yuva Kendra Sanghathan Ashish Shete, Assistant Police Inspector Prema Patil of Kothrud Police Station, Amrapali Chavan of Vyallip Earth Foundation, Principal Dr. Sharmila Chaudhary, Vice Principal Dr. Meghna Bhosale, Prof. Santosh More, Dr. Ashok Shelke, Prof. Seema Kamble were present.

At this time, Ashish Shete said that addiction and mental health are deeply connected. Addiction causes serious mental problems and the most common ones are anxiety , depression and overall negativity. If a person uses drugs, alcohol or any such substance for a long time , he gradually increases his dependence on them. Since addiction and mental health are directly

related, mental health is directly related to addiction. Drugs, alcohol etc. harm various areas of life such as mental health, emotional health, physical health.

In the second session, Assistant Police Inspector Prema Patil of Kothrud Police Station said that women and students should be careful while using social media. Special care should be taken while sharing private information and photos; Also, do not keep in touch with strangers on social media, Also, if someone is harassing you on social media, immediately complain to the police, immediate action will be taken against them, she explained.

under the guidance of Principal Dr. Sharmila Chaudhary, Vice Principal Dr. Meghna Bhosale, National Service Scheme Program Officer Prof. Santosh More, Dr. Ashok Shelke, Prof. Seema Kamble, Prof. Manisha Khandale, Prof. Gokul Sahane, Prof. Kirti Karanjawane, Dr. Prakash Humbad, Prof. Sopan Gambhir, Prof. Priyanka Jadhav, Prof. Shweta Indulkar, Vinod Ranpise, Sanjay Kumbhar, Vijay Marne, Nitin Bhosale, Kumar Rathod, Sai Sathe, Harshada Gore, Diksha Pandhare.

लोकमत

मानसिक आरोग्यावरील कार्यशाळेला प्रतिसाद

लोकमत न्यूज नेटवर्क कोथरुड : मामासाहेब मोहोल महाविद्यालय राष्ट्रीय सेवा योजना, युथ रेड क्रॉस युनिट व भारत सरकारच्या युवा व्यवहार आणि क्रीडा मंत्रालयाच्या अंतर्गत स्वायत्त संस्था असणारे नेहरू युवा संघटन यांच्या संयुक्त विद्यमाने व्यसन आणि मानसिक आरोग्य यावर कार्यशाळा आयोजित करण्यात आली होती.

यावेळी जिल्हा युवा अधिकारी नेहरू युवा केंद्र संघटन आशिष शेटे, कोथरुड पोलिस ठाण्याच्या सहायक पोलिस निरीक्षक प्रेमा पाटील, वर्षीप अर्थ फाउंडेशनच्या आग्रपाली चव्हाण, प्राचार्य डॉ. शर्मिला चौधरी, उपप्राचार्य डॉ. मेघना भोसले, प्रा. संतोष मोरे, प्रा. सीमा कांबळे उपस्थित होते.

या वेळी आशिष शेटे म्हणाले की, व्यसन आणि मानसिक आरोग्य यांचा खोलवर संबंध आहे. व्यसनमुळे गंभीर मानसिक समस्या उद्भवतात आणि सर्वात सामान्य म्हणजे चिंता, नैराश्य आणि एकूणच नकारात्मकता. जर एखादी व्यक्ती ड्रग्स, अल्कोहोल किंवा असे कोणतेही पदार्थ दीर्घकाळ वापरत असेल, तर ती हळूहळू त्यांच्यावर अवलंबित्व वाढवते. व्यसन आणि मानसिक आरोग्य यांचा थेट संबंध असल्याने मानसिक आरोग्याचा थेट व्यसनाशी संबंध आहे. ड्रग्स, अल्कोहोल इत्यादी व्यसन जीवनाच्या विविध क्षेत्रांना नुकसान करतात. जसे की, मानसिक आरोग्य, भावनिक आरोग्य, शारीरिक आरोग्य.

या उपक्रमाचे आयोजन प्राचार्य डॉ. शर्मिला चौधरी, उपप्राचार्य डॉ. मेघना भोसले यांच्या मार्गदर्शनाखाली राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा. संतोष मोरे, डॉ. अशोक शेटेकर, प्रा. सीमा कांबळे, प्रा. मनीषा खंडाळे, प्रा. गोकुल सहाने, प्रा. कीर्ती करंजावणे, डॉ. प्रकाश हुंबाड, प्रा. सोपान गंभीर, प्रा. प्रियांका जाधव, प्रा. श्वेता इंदुलकर, विनोद रणपिसे, संजय कुंभार, विजय मारणे, नितीन भोसले, कुमार राठोड, साई साठे, हर्षदा गोरे, दीक्षा पांडरे यांनी केले. दुसऱ्या सत्रात कोथरुड पोलीस स्टेशन च्या सहाय्यक पोलीस निरीक्षक प्रेमा पाटील यांनी मार्गदर्शन केले.







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21. Reading Resolution of Maharashtra (January 1, 2025 to January 15, 2025)

Reading Resolution Maharashtra, a group talk and book review was held on January 1, 2025, and a book exhibition was held in the college on January 2, 2025, on behalf of the Pune District Education Board, Mamasahab Mohol College National Service Scheme, Student Welfare Board and Library Department.



22. Cleanliness campaign at Lohagad Fort (4 January 2025)

Heritage Cleanliness, Mavla Shivaji's Initiative The Lohagad Fort here, nestled in the lap of the Sahyadri Mountains in Maval taluka of Pune district, is adding to the picturesque beauty of the fort. Many tourists and mountain lovers from home and abroad always come to visit these forts. Therefore, considering it our duty to maintain the cleanliness and conservation of the historical forts that are the glory of Maval, the Pune District Education Board's Mamasahab Mohol College, Paud Road, Pune National Service Scheme and Youth Red Cross Unit implemented the "Heritage Cleanliness, Mavla Shivaji's Initiative" campaign. The students started the campaign from nine in the morning. Four groups were formed for this. Two groups started the cleanliness at the fort and two groups started the cleanliness from the entrance. More than 90 students participated in this campaign. The most plastic waste was found at the fort. Bottles, water pouches, water bottles were collected. At this time, garbage was collected in sacks.

National Service Scheme

The students erased the objectionable text written in chalk on the wall. Officials of the Archaeological Survey of India were present at this time.

This initiative was organized under the guidance of Principal Dr. Sharmila Chaudhary, Vice Principal Dr. Meghna Bhosale, National Service Scheme Program Officer Prof. Santosh More, Dr. Ashok Shelke, Prof. Seema Kamble, Dr. Prakash Humbad, Prof. Gokul Sahane, Prof. Sopan Gambhire, Prof. Priyanka Jadhav, Prof. Shweta Indulkar, Prof. Shweta Magar, student representatives Kumar Rathod, Krishna Fartade, Aavishkar Kodge, Geeta Katore, Harshada Gore, Mayuri Panchal.



23. School Connect 2.0 Communication Campaign (NEP Connect 2020) (11 January 2025)

Pune District Education Association's, Mamasahab Mohol College National Service Scheme Department, an awareness campaign on the National Education Policy 2020 was organized at Navbharat High School, Shivne under the School Connect 2.0 initiative. In this, information about the National Education Policy 2020 was provided to the students of the school.



24. My River My Valentine (14 February 2025)

Pune District Education Association's, Mamasaheb Mohol College National Service Scheme Department "Rivers are not a drain. Its purity is our responsibility". In collaboration with Worship Earth Foundation , one campaign of River Cleaning was organized on Friday February 14, 2025 This organized event was named as the "My River, My Valentine" , wherein the Mula Mutha River Cleanliness Campaign was conducted.



25. Blood Donation Camp (18 February 2025)

A blood donation camp was organized at the college on the occasion of Chhatrapati Shivaji Maharaj Jayanti in collaboration with the Mamasaheb Mohol College National Service Scheme and Youth Red Cross Unit of the Pune District Education Board and Akshay Blood Bank Pune. Sixty students donated blood in this blood donation camp.

Speaking at the inauguration, Principal Dr. Sharmila Chaudhary said that blood donation is a valuable and life-saving gift that we can give to others. Even though our contribution may seem small, it plays a vital role in saving lives. It helps in situations like accidents, surgeries and complications. Medical conditions like thalassemia, leukemia, sickle cell disease, aplastic anemia, bleeding disorders and some types of cancer also require blood for treatment. Therefore, everyone needs to donate blood.

The blood donation camp was organized under the guidance of Principal , Dr. Sharmila Chaudhary , Vice Principal, Dr. Meghna Bhosale, National Service Scheme Program Officer, Prof. Santosh More , Dr. Ashok Shelke , Prof. Seema Kamble , Dr. Prakash Humbad , Prof. Manisha Khandale , Prof. Gokul Sahane , Vinod Ranpise , Sanjay Kumbhar , Vijay Marne, student representatives Yash Rajput , Kumar Rathod , Geeta Katore , Sakshi Yarpudwar , Krishna Fartade.

लोकमत

**रक्तदान करुन
अभिवादन**

लोकमत न्यूज नेटवर्क

कोथरुड : पुणे जिल्हा शिक्षण मंडळाचे मामासाहेब मोहोळ महाविद्यालय, राष्ट्रीय सेवा योजना व युथ रेड क्रॉस युनिट यांच्या वतीने व अक्षय ब्लड बँक यांच्या सहकार्याने छत्रपती शिवाजी महाराज जयंतीनिमित्त महाविद्यालयात रक्तदान शिबिर घेण्यात आले. याप्रसंगी प्राचार्य डॉ. शर्मिला चौधरी म्हणाल्या, रक्तदान ही एक मौल्यवान आणि जीवनरक्षक देणगी आहे, जी आपण इतरांना देऊ शकतो. आपले योगदान जरी लहान वाटत असले तरी, जीव वाचवण्यात ती महत्त्वाची भूमिका बजावते. अपघात, शस्त्रक्रिया आणि गुंतागुंतीसारख्या परिस्थितीत ते मदत करते. रॅलेसेमिया, ल्युकेमिया, सिकलसेल रोग, रक्ताक्षय आदी स्थिती देखील उपचारांसाठी रक्ताची आवश्यकता असते. उपप्राचार्य डॉ. मेघना भोसले, राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा. संतोष मोरे, डॉ. अशोक शेळके, प्रा. सीमा कांबळे, डॉ. प्रकाश हुंडाड, प्रा. मनीषा खंडाळे, प्रा. गोकुळ सहाणे यांनी पुढाकार घेतला.

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सकाळ TODAY

गुरुवार, २० फेब्रुवारी २०२५

मोहोळ महाविद्यालयात रक्तदान

कोथरुड : पुणे जिल्हा शिक्षण मंडळाच्या मामासाहेब मोहोळ महाविद्यालय राष्ट्रीय सेवा योजना व युथ रेड क्रॉस युनिट यांच्या वतीने व अक्षय ब्लड बँक पुणे यांच्या सहकार्याने महाविद्यालयात रक्तदान शिबिरचे आयोजन केले होते. या शिबिरात ६० विद्यार्थ्यांनी रक्तदान केले. प्राचार्य डॉ. शर्मिला चौधरी, उपप्राचार्य डॉ. मेघना भोसले यांच्या मार्गदर्शनाखाली प्रा. संतोष मोरे, डॉ. अशोक शेळके, प्रा. सीमा कांबळे, विद्यार्थी प्रतिनिधी यश रजपूत, कुमार राठोड, गीता कटारे, साक्षी यरपुडवार, कुष्णा फर्ताडे यांनी उपक्रमाचे आयोजन केले.




26. Chhatrapati Shivaji Maharaj Jayanti (19 February 2025)

On the occasion of Chhatrapati Shivaji Maharaj Jayanti, on behalf of Mamasahab Mohol College National Service Scheme , Student Welfare Board and Youth Red Cross Unit of Pune District Education Board Under the My India Mera Yuva Bharat initiative Participated in the Jai Shivaji Jai Bharat Padyatra from COEP College Pune to Fergusson College Pune.

National Service Scheme



27. Meeting with Dr. Mansukh Mandaviya , Union Minister, Ministry of Youth Affairs and Sports Government of India (19 February 2025)

Mandaviya, Union Minister for Youth Affairs and Sports , Government of India, learned about the innovative initiatives being taken by the Pune District Education Board's Mamasahab Mohol College through its National Service Scheme, My Bharat Mera Yuva Bharat, Nehru Yuva Kendra, Youth Red Cross Unit, Election Literacy Board, Ek Peed Ma Ke Naam, Swachhta Hi Seva, Plastic Collection, Blood Donation Camps, Cleaning of Historical Sites, River Cleaning, Meri Mati Mera Desh, Diwali with My Bharat, Drug Free India, New Voter Registration, Voter Awareness, AIDS Awareness, Fort Conservation, Disaster Management, Developed India, Traffic Safety, Youth Counseling Center, Health Camps, Public Awareness on Various Topics through

National Service Scheme

Street Plays, Village Cleanliness , Workshops on Various Topics, etc., to create awareness among college students and the society and congratulated the college for the initiatives being taken. On this occasion, Ajay Shinde, Regional Director, National Service Scheme, Government of India, Prakash Kumar Manore, Regional Director, My Bharat, Mera Yuva Bharat, Nehru Yuva Kendra, Government of India, Ashish Shete, Nehru Yuva Kendra, Pune District Youth Officer were present.

Under the guidance of Principal Dr. Sharmila Chaudhari and Vice Principal, Dr. Meghana Bhosale, students including Dr. Ashok Shelke, Prof. Santosh More, Prof. Seema Kamble, student representatives Avinash Rathod, Mayuri Panchal, Geeta Katore, Suresh Shirale, Srushti Baraskar, Yash Rajput , Kumar Rathod, Siddharth Salve, Dnyaneshwari Sanas, Satyam Chole etc. interacted at Circuit House Pune.



28. E-waste collection and plastic collection (23 February 2025)

On Sunday, February 23, 2025, Pune Municipal Corporation and Janavani Sanstha organized e-waste collection and plastic collection at various places in Pune city. In this, volunteers from the National Service Scheme Department worked as volunteers at e-waste collection and plastic collection centres at various places.

मोहोळ महाविद्यालयाच्यावतीने विविध ठिकाणी ई-कचरा संकलन अभियान

लोकमत न्यूज नेटवर्क

कोथरुड : पुणे जिल्हा शिक्षण मंडळाचे मामासाहेब मोहोळ महाविद्यालयाच्या राष्ट्रीय सेवा योजना व युव रेड क्रॉस युनिट आणि पुणे महापालिका, कमिन्स इंडिया फाउंडेशन, अदर पुनावाला क्लीन सिटी इनिशिएटिव्ह, जनवाणी, पूर्णम इकोलॉजिकल फाउंडेशन, थंब क्रिएटिव्ह, ई-रिसायक्लर संस्थांच्या मदतीने संत गाडगे महाराज यांच्या जयंतीनिमित्त रविवारी ई-कचरा आणि प्लास्टिक

संकलन अभियान शहरातील विविध ठिकाणी राबविण्यात आले.

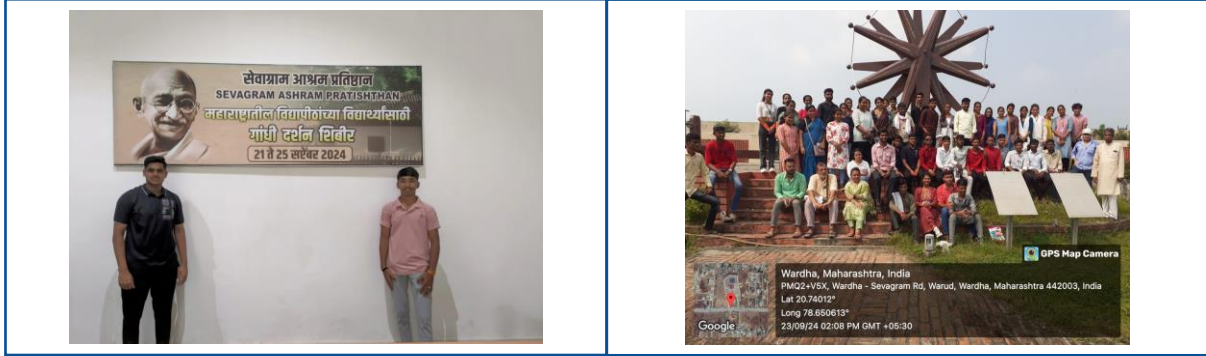
ई-कचरा आणि प्लास्टिकबाबत जनजागृतीही करण्यात आली. प्राचार्य डॉ. शर्मिला चौधरी, उपप्राचार्य डॉ. मेघना भोसले यांच्या मार्गदर्शनाखाली प्रा. संतोष मोरे, डॉ.अशोक शेळके, प्रा.सीमा कांबळे, विद्यार्थी प्रतिनिधी सिद्धार्थ साळवे, ज्ञानेश्वरी सनस, कृष्णा फरताडे, कुमार राठोड, हर्षदा गोरे, मयूर होमकर, दीक्षा पांडे, आतिष्कार कोडगे, यश रजपुत, साक्षी यरपुडवाड यांनी केले.

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National Service Scheme

3. Sevagram Ashram Pratishthan, Shri. Jajmanlal Bajaj Library and Research Centre for Gandhian Studies, Wardha. **Participated in Gandhi Darshan Residential Camp**

No.	Volunteer name	Class	Contact No.
01	Kumar Laxman Rathod	S.Y.BA	8855040025
02	Krishna Sandeep Fartade	S.Y.BSC	9518766364



4. Inter District Youth Exchange Programme at Hindi Vishwa Vidyalaya Wardha from 10th February 2025 to 14th February 2025 on behalf of Mera Yuva Bharat Nehru Yuva Kendra Wardha District, Ministry of Youth Affairs and Sports , Government of India.

No.	Volunteer name	Class	Contact No.
01	Dnyaneshwari Sanas	S Y .B.Com	7755950452
02	Krushna Sandeep Fartade	SYBCS	9518766364
03	Geeta Khandu Katore	TYBSc	9921574178
04	Rushikesh Sudhakar Koli	TYBSc	7498801654
05	Atharv Jagdish Kate	TYBSc	8483876866
06	Srushti Mahesh Barskar	TYBCom	7011993238
07	Sakshi Madhav Yarpurwad	FYBCom	8262095603
08	Avinash Dharu Rathod	TYBCom	7823899875
09	Dr. Ashok Shelke	Co- Coordinator	8805462924



National Service Scheme

5. Savitribai Phule Pune University, Pune and our S.P. College, Tilak Road, Pune participated in the Pune University to Sinhagad Cycle Rally **on the occasion of the Savitribai Phule Pune University Amrit Jubilee Year** on Saturday, February 8, 2025.

No.	Volunteer name	Class	Contact No.
01	Suravse Ravi Chandu	SYBCom	7276123023
02	Pandurang Motiram Hinge	SYBCom	7276834001
03	Vishal Vilas Salve	SYBCom	7420964396
04	Dr. Shinde Swati Baburao	Assistant Professor	9975845786



6. Savitribai Phule Pune University, Pune and Ness Wadia College of Commerce, Pune-1 Saturday, 1st March 2025 to 3rd March 2025 to participate in **State Level Cyber Security Workshop**.

Sr.No.	Volunteer Name	Class	Contact No.
01	Pawara Sachin Naika	SYBA	9356425296
02	Krushna Sandeep Fartade	SYBCS	9518766364
03	Shubham Dadasaheb Arde	SYBCS	7385208980
04	Kumar Laxman Rathore	SYBA	8855040025



7. Savitribai Phule Pune University, Pune and Participation in **the State Level Stress Management Workshop** from Abasaheb Garware College (Autonomous), Pune-4, Saturday, February 22, 2025 to February 24, 2025.

Sr.No.	Volunteer Name	Class	Contact No.
01	Pawara Sachin Naika	SYBA	9356425296
02	Siddharth Harichandra Salve	SYBA	8177931274
03	Kodge Avishkar Chandrakant	FYBCom	7507470515

04	Shinde Karan Tukaram	FYBCom	8483922053
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8. Savitribai Phule Pune University, Pune and Participation in **the State Level Research Methodology Workshop** at Sinhgad Institute of Technology, Kusgaon, Budruk, Lonavala, Pune from Friday, 21 February 2025 to 23 February 2025 .

Sr.No.	Volunteer Name	Class	Contact No.
01	Shoaib Javed Sheikh	SYBA	8983772872
02	Srinivas Shamrao Khillare	SYBCS	7387221405



9. Savitribai Phule Pune University, Pune and Participation in a one-day **District level gender sensitization workshop** on Friday, February 21, 2025, at Trinity College of Engineering and Research, Pune .

Sr.No.	Volunteer Name	Class	Contact No.
01	Dnyaneshwari Sanas	S.Y.B.Com	7755950452
02	Srushti Mahesh Barskar	SYBCom	7011993238
03	Sakshi Madhav Yarpurwad	F.Y.BCom	8262095603



National Service Scheme

10. Savitribai Phule Pune University, Pune and Progressive Education Society , Modern Arts, Science and Commerce College (Autonomous), Participation in the one-day **District Level workshop** on gender sensitization on Friday, February 14 2025, at Shivajinagar, Pune.

Sr.No.	Volunteer Name	Class	Contact No.
01	Pawara Sachin Nayaka	SYBA	9356425296
02	Borge Shubham Rajendra	SYBA	8263820216
03	Pawar Manoj	SYBA	9373853079
04	Rathore Kumar Laxman	SYBA	8855040025
05	Siddharth Harichand Salve	SYBA	8177931274



11. Savitribai Phule Pune University, Pune and Mahatma Gandhi Sarvodaya Sangh organized Padmashri Manibhai Desai College, Uruli Kanchan , Pune participated in a one-Day **District level organ donation workshop** on Tuesday, December 24, 2024.



Sr.No.	Volunteer Name	Class	Contact No.
01	Krishna Sandeep Fartade	SYBSc	9518766364
02	Shubham Dadasaheb Arde	SYBSc	7385208980
03	Peacock Sanjay Indalkar	SYBSc	9529560623
04	Vijay Ganpat Malpote	SYBCom	9762377512
05	Kumar Laxman Rathore	SYBA	8855040025
06	Sachin Nayak Pavra	SYBA	9356425296
07	Sai Vijay Sathe	TYBSc	9607471723
08	Yash Harish Rajput	TYBSc	7588932937
09	Nikita Vijay Jadhav	SYBCom	9765151875
10	Samiksha Suresh Khandale	SYBCom	8421343301

National Service Scheme

11	Geeta Khandu Katare	TYBSc	9921574178
12	Disha Samdhan Bharne	TYBBA CA	7744016028
13	Harshada Bapusaheb Gore	FYBCom	7666737375
14	Dnyaneshwari Sitaram Sanas	SYBCom	7755950452
15	Rishikesh Sudhakar Koli	TYBSc	7498801654

12. Savitribai Phule Pune University, Pune and Appasaheb Jedhe Mahavidyalaya, Pune participated in the state level three-day revision method workshop held from 26 to 28 December 2024

Sr.No.	Volunteer Name	Class	Contact No.
01	Geeta Khandu Katare	TYBCS	9921574178
02	Dnyaneshwari Sitaram Sanas	S.Y.BCom	7755950452
03	Harshada Bapusaheb Gore	FY B.Com	7666737375
04	Mayuri Shankar Panchal	TYBCS	9096969945



13. Savitribai Phule Pune University, Pune and Sinhgad Institute of Technology, Arts, Commerce, and Science College, Warje, Pune, participated in a **District Level Workshop** on the topic of Gender Sensitivity on Thursday, February 27, 2025.

Sr.No.	Volunteer Name	Class	Contact No.
01	Siddharth Harichandra Salve	SYBA	8177931274
02	Kodge Avishkar Chandrakant	FYBCom	7507470515
03	Shinde Karan Tukaram	FYBCom	8483922053
04	Kishore Dhebe	FYBCom	9322588537



National Service Scheme

14. Savitribai Phule Pune University, Pune and PDEA's Anantrao Pawar College, Pirangut, Pune, participated in a District Level Workshop on the topic of Gender Sensitivity on Thursday, February 10, 2025.



15. Volunteers from the Youth Red Cross Unit and the National Service Scheme Department participated in the Ganesh Visarjan procession on Thursday, September 28, 2024, through Pune Police and Indian Red Cross Society, Pune District Branch, providing immediate assistance and first aid services to citizens. As many as 31 volunteers participated at the aid station in the college as per the attached list.

